# Homewood/Cleveland Clinic Social/Intranet Posts

Copy & paste the below along with one of the provided images to share on your internal social channels or intranet!

### Post One:

Your Saskatchewan Blue Cross group benefits plan now includes even more ways to support your health and wellbeing.

Through Homewood Health, you have access to mental health counselling tailored to your needs, including on-demand support, longer-term care with up to 20 counselling sessions, and a digital platform offering personalized tools like interactive Cognitive Behavioural Therapy.

For your physical health, Cleveland Clinic Canada’s Express Care Online ensures you can connect with a clinician from the comfort of your home. Whether you need a medical diagnosis, a prescription sent to your preferred pharmacy, or a referral to a specialist, care is only a few clicks away.

It’s seamless, personalized care for every aspect of your health. Contact your Group Plan Administrator, FIRSTNAME LASTNAME, to learn more.

### Post Two:

Your health is your priority—and it’s ours, too. Your Saskatchewan Blue Cross group benefits now include access to exceptional mental and physical health resources through Homewood Health and Cleveland Clinic Canada.

Homewood Health provides mental health counselling to help you navigate stress, anxiety and other challenges, along with a suite of tools designed to restore balance and promote well-being. At the same time, Cleveland Clinic Canada’s Express Care Online makes it easier than ever to address non-emergency medical concerns with virtual consultations, fast diagnoses and prescription access.

Contact your Group Plan Administrator, FIRSTNAME LASTNAME, for more details.

### Post Three:

Your Saskatchewan Blue Cross group benefits plan is here to make your life easier.

With Homewood Health, you’ll find the mental health support you need, including immediate counselling and resources designed to help you feel your best. At the same time, Cleveland Clinic Canada’s Express Care Online ensures your physical health is taken care of with fast, reliable virtual consultations available 365 days a year.

With personalized advice and care, your plan provides peace of mind when you need it most. Contact your Group Plan Administrator, FIRSTNAME LASTNAME, for more information.